



2024

# PANHELLENIC



## RECRUITMENT GUIDE



Fraternity &  
Sorority Life  
University of Missouri





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# Welcome LETTERS



## A Letter From the President

On behalf of the Panhellenic Association, it is with great joy that I welcome each and every one of you to Mizzou and to the formal recruitment process. As the President, it is an honor to share with you the love and passion I hold for our incredible community.

Three years ago, I decided to take a chance on an organization that promised friendship, support, and endless opportunities for growth. What I found was so much more. Now, I am thrilled to witness the beginning of your own journey and am here to guide and support you every step of the way.

As you embark on this exciting chapter of your college experience, know that you are joining a community that values and respects you for who you are. Embrace the opportunity to connect with others, to discover your strengths, and to make a positive impact on those around you.

I understand the recruitment process can evoke a range of feelings, from excitement to apprehension. My biggest piece of advice as you enter these

environments is to remain open-minded and true to yourself. Don't be afraid to step out of your comfort zone, and always remember that your voice matters. Above all, cherish every moment and opportunity to connect with potential and current members. These bonds could become some of your most treasured memories!

I am confident that the Panhellenic community has something unique and meaningful to offer each of you. Whether it's finding your voice in leadership, excelling academically, giving back to your community, surrounding yourself with diverse perspectives, or simply finding a supportive group of friends, there is a place for you here.

I am thrilled to welcome you into our organization and cannot wait to witness the incredible impact you will make. Together, let us write the next chapter of the Panhellenic story – one filled with love, acceptance, and endless possibilities.

Welcome home,

*Audrey Stowe*

**AUDREY STOWE**

*President of the Panhellenic  
Association Executive Board*

## A Letter From the Recruitment Team

Dear Potential New Members,

Welcome to Mizzou Panhellenic Primary Recruitment 2024! We are beyond excited that you're interested in joining our community and we are here to welcome you with open arms.

We are writing this letter to you all in hopes of easing some of your nerves for the Primary Recruitment process, as it can be difficult and confusing to those who have never experienced it before. Primary Recruitment week will be full of many emotions, and we are here for every single one of you each step of the way.

First, let us be honest, real, and transparent with you all. We are just as nervous as you are. We have spent lots of time preparing for this week, and we are SO nervous that you won't love us, but you can be sure that we WILL love you. Our community has worked tremendously hard to ensure that this process will lead you to an empowering and uplifting future home. We are thrilled that you have shown interest in joining our community, and each member of the Panhellenic community, along with the entire Mizzou community, wants you to find a home where you feel uplifted, comfortable, and supported.

Whether you know a lot or nothing about sorority life, we want you all to let that all go. Any preconceived ideas, opinions, or stereotypes will hurt your experience for this week. The best advice we can give is to keep an open mind in order to get the most out of this process and succeed! Those who may speak down or negatively about sororities certainly do not see the intelligence, drive, and grace this entire community holds. The Panhellenic community is filled with so much honor, love, and support between every single member and chapter.

Finally, like we said before, start this process with an open mind and end this process with one as well. Try not

to let anyone influence your decision throughout this journey, because it is YOUR journey, not anyone else's. We absolutely encourage you to talk through your thoughts and feelings with your Panhellenic Counselors, and us, but at the end of the day you are you. YOU know where you belong, so please please stay true to yourself. Primary Recruitment can be emotionally and mentally exhausting, but it has the most rewarding ending and will lead you to where you are meant to be. We are so honored to be in positions that see you through the start of your college experience.

*With love always,*

Samantha Chapman  
*Vice President of Recruitment-External*

Sara Rysavy  
*Vice President of Recruitment-Internal*





# MEET THE *Panhellenic Association*

## ABOUT PHA

The Panhellenic Association (PHA) is the governing body of recognized National Panhellenic Conference (NPC) sororities. The Panhellenic Association is composed of 14 NPC sororities on the University of Missouri's campus. PHA's Executive Board is composed of nine members who are current sorority members and who work year round to promote unity through weekly delegation, frequent whole community events, and hosting formal recruitment each year. Additionally, PHA prioritizes and strengthens the University of Missouri by promoting service, scholarship, leadership and community among all members on campus for the betterment of an individual's collegiate experience.

FOLLOW @MizzouPHA

## EXECUTIVE BOARD



**AUDREY STOWE**  
President



**ABBY MANNER**  
VP of Risk Management



**JULES DUFFIN**  
VP of Diversity,  
Equity & Inclusion



**CLARA BROWN**  
VP of Philanthropy  
& Service



**SAMANTHA CHAMPMAN**  
VP of Recruitment External



**SARA RYSAVY**  
VP of Recruitment Internal



**JANE WINKLER**  
VP of Finance and Records



**MORGAN HAMMER**  
VP of Member Education



**RILEE MALLOY**  
VP of Public Relations



**EMILY LYON**  
VP of Member Experience

# MEET THE *Councils*

**All four councils within the Office of Fraternity & Sorority Life work together as one community to support one another in everything we do.**

## **Interfraternity Council**

Interfraternity Council (IFC) is the governing board of the chapters affiliated with the North American Interfraternity Conference (NIC). The executive board works year round to provide an enriched collegiate experience through different member development programming and collaborative efforts with chapter leaderships.

***Follow @MIZZOUIFC***



## **Multicultural Greek Council**

Multicultural Greek Council (MGC) is the governing council of multicultural-based organizations, including historically Latino/Latina and Asian sororities and fraternities at the University of Missouri. They are not cultural or identity exclusive and are open to individuals of all identities and backgrounds. MGC strives to create and maintain an all-inclusive and culturally diverse environment by fostering cultural awareness and upholding fraternal and sororal values.

***Follow @MIZZOUMGC***



## **National Pan-Hellenic Council**

National Pan-Hellenic Council, Inc. (NPHC) is the governing council of the "Divine Nine," which is a collaborative umbrella council composed of the largest historically Black fraternities and sororities. NPHC encourages a diverse membership of students and is responsible for immense social and economic change in our community.

***Follow @MUNPHC***





## Meet the Panhellenic Presidents

Chapter presidents are integral to the success of the Panhellenic Association. Each of them serves as a leader for their chapter by prioritizing the well-being of their chapter members. These members strive to make the Panhellenic community even stronger and hold themselves to the highest standards. We hope the impression being set by the 2024 Chapter presidents will continue with our incoming class of Potential New Members (PNM).



## Meet the Panhellenic Delegates

The Panhellenic delegates act as liaisons between their individual sororities and the Panhellenic Executive Board. Delegates attend weekly meetings and cast their chapter's vote on all business matters. These delegates help direct their sororities toward working together as a Panhellenic community.



# Resources

## A Letter From the VP of Diversity, Equity & Inclusion

Dear Potential New Member,

To be honest, the days leading up to recruitment were among the most nerve-wracking of my life. I had never considered joining Greek Life before submitting my application on a whim a day before they closed, and even then I was so unsure. I was terrified that I wouldn't find a place where I truly belonged—a place that accepted me for who I am. Now, years after finding my home, I can confidently say that I've never been more thankful to be a part of such an empowering, uplifting, and dedicated community like the one I found in PHA.

Anyone who knew me before can confirm how shy and nervous I was, especially when it came to pursuing the things I'm passionate about. Now, thanks to the friends I've made and the mentors I've had in PHA, I've been able to step far out of my comfort zone and become a leader and an advocate for the things that I care about. If it weren't for the people I met in this community, I wouldn't have had the incredible opportunities or learned all the new things I've learned by participating in such an amazing organization.

While my experience in PHA has been incredibly uplifting, it's important to acknowledge that the community is not perfect. Historically, Panhellenic organizations have not been inclusive to those who weren't white, non-disabled heterosexual women. As a queer person, knowing this fact was one of the reasons I was nervous to join at first. However, the change that has come about in recent years has helped ensure that our spaces are significantly more inclusive and welcoming to the diverse group of people who wish to join. Witnessing and playing a role in this change has been an incredible opportunity for me because I've seen just how inclusive this environment can be. Still, we recognize that there is always work to be done. The harm brought to marginalized communities through the exclusionary history of these organizations must be acknowledged. To continue to create an environment where everyone feels safe to be themselves, we must continue to pursue education, accountability, and intentional and tangible action to address the oppressive systems that have plagued the community throughout history.

As the Vice President of Diversity, Equity, and Inclusion, or V.P. DEI, I've gotten the opportunity to work with DEI officers from every single chapter, each one presenting a unique perspective on our community. Yet every single one of us is unified by a single goal-- to foster positive change and work towards a more inclusive, equitable, and accessible future. And this isn't a goal that's just represented through DEI officers. In every chapter and every position, there are leaders who are implementing new strategies and ideas that create tangible change. The change I hope you will be able to see and build upon throughout your time in PHA.

If I have one piece of advice for you as you approach recruitment, it's to ask meaningful questions and engage in challenging conversations. We hope you feel empowered to talk with active members, Panhellenic counselors, or the executive board about our community's commitment to inclusivity and the aspects of DEI that resonate most with you. We are so excited that you're interested in being a part of our community and we can't wait to see you in the fall!



*With Panhellenic love,*

Jules Duffin

*Vice President of Diversity,  
Equity and Inclusion*



# campus

# Resources

## Student Health Center

Offers medical services that support Mizzou students' health & well-being. These services include: same-day appointments for primary medical care, psychiatric care, flu shots & other immunizations, sexual & reproductive health services as well as a 24-hour nurse line. 573-882-7481.

909 Hitt St, 2nd floor  
[wellbeing.missouri.edu](http://wellbeing.missouri.edu)

## Wellness Resource Center

Supports prevention programs and services in fitness, sleep, stress, addiction and mental health. You can stop by for a cup of coffee or tea, enjoy a quiet study space and learn more about how you can have your strongest well-being.

G202 MU Student Center  
[wellbeing.missouri.edu](http://wellbeing.missouri.edu)  
573-882-4634

## Counseling Center

Provides high quality mental health services in a safe, collaborative and confidential environment where students can explore concerns and find ways to improve their academic, social and personal success. Crisis and urgent care are available by phone 24/7.

Strickland Hall, 4th Floor  
[wellbeing.missouri.edu](http://wellbeing.missouri.edu)  
573-882-6601

## MizzouRec

Research shows when college students move, they feel better and have better educational outcomes. Recreational sports and exercise provide students with opportunities for involvement and to develop a sense of belonging on campus.

213 Rothwell Gymnasium  
[mizzourec.com](http://mizzourec.com)  
573-882-0369

See detailed facility hours on [mizzourec.com](http://mizzourec.com)

## Relationship & Sexual Violence Prevention (RSVP) Center

Focuses on working with people experiencing intimate partner violence by providing brief emotional support, case management services, legal and medical advocacy, and preventative educational services.

G216 MU Student Center  
[RSVP.missouri.edu](http://RSVP.missouri.edu)  
573-882-6638

## LGBTQ+ Resource Center

The Lesbian, Gay, Bisexual, Transgender, Queer Resource Center provides support, training and literature as well as programming and leadership opportunities for students.

G225 MU Student Center  
[lgbtq.missouri.edu](http://lgbtq.missouri.edu)  
573-884-7750

## Disability Center

Coordinates academic accommodations and support services for students with unseen and seen disabilities.

S5 Memorial Union  
[disabilitycenter.missouri.edu](http://disabilitycenter.missouri.edu)  
573-882-4696

## The Gaines/Oldham Black Culture Center

A place where the contributions of Black people are explored, celebrated, taught and shared.

813 Virginia Ave  
[gobcc.missouri.edu](http://gobcc.missouri.edu)  
573-882-2664

## Women's Center

A place where you can hang out in a comfortable lounge; check out a book from a diverse library; and learn about gender equality, social justice, body image and more by attending one of their many programs.

G108 MU Student Center  
[womenscenter.missouri.edu](http://womenscenter.missouri.edu)  
573-882-6621

## Multicultural Center

Builds community, fosters a sense of belonging, and provides educational programs and resources for all students with a focus on students from marginalized identities.

G107 MU Student Center  
[multiculturalcenter.missouri.edu](http://multiculturalcenter.missouri.edu)  
573-882-7152







## Meet our Panhellenic Counselors

Your Panhellenic Counselors (Pi Chis) will be some of the first people you'll meet at the University of Missouri. These sorority members embody Panhellenic values, are carefully chosen, and serve to help Potential New Members (PNMs) have the most positive primary recruitment experience possible. Their purpose is to guide you through recruitment as confidants and friends. They'll be able to answer many of your questions about recruitment because they have gone through extensive training leading up to recruitment. Panhellenic counselors are disaffiliated from their respective chapters in order to best represent the Panhellenic community as a whole. They will keep all of your questions and concerns confidential and will remain neutral towards chapters throughout primary recruitment.

When you check in for recruitment on Aug. 10, you'll be assigned to a Panhellenic counselor group that's composed of roughly 60 other PNMs and led by three or four counselors. At the beginning of formal recruitment week, you'll have daily meetings with your group, where important information about recruitment will be shared and discussed. This gives you the opportunity to meet many wonderful people to start your first days at the University of Missouri.





# Rules & Policies

## Expectations of Potential New Members

You will keep an open mind and do your best to ignore stereotypes for chapters.

You are to be respectful to the Pi Chis, recruitment team and other PNMs.

You are to be respectful to all sorority chapters, regardless of your interest in joining.

You will not make disparaging remarks about any sororities either verbally or in writing.



## Potential New Members' Bill of Rights

*All Potential New Members have:*

- The right to be treated as an individual.
- The right to be fully informed about the recruitment process.
- The right to ask questions and receive true and objective answers from recruitment counselors and members.
- The right to be treated with respect.
- The right to be treated as a capable and mature person without being patronized.
- The right to ask "how" and "why" and receive straight answers.
- The right to have and express opinions to recruitment counselors.
- The right to have inviolable confidentiality when sharing information with recruitment counselors.
- The right to make informed choices without undue pressure from others.
- The right to be fully informed about the NPC Unanimous Agreements implicit in the membership recruitment acceptance binding agreement (MRABA) signing process
- The right to make one's own choice and decision and accept full responsibility for the results of that decision.
- The right to have a positive, safe and enriching Recruitment and New Member experience.



# Code of

# Ethics

We, the members of sororities at the University of Missouri, agree to promote honesty, respect, sisterhood and cooperation within the College Panhellenic, our respective chapters and in our daily lives. This code of ethics is designed to inspire our members, reinforce exemplary conduct and values-based leadership, and perpetuate lifelong membership to enrich the sorority and Panhellenic experience.

## **WE, AS COLLEGE PANHELLENIC MEMBERS OF THE UNIVERSITY OF MISSOURI, AGREE ON AND COMMIT TO:**

- Uphold and demonstrate the Panhellenic spirit in thought, word and action through our chapters as well as individual members.
- Demonstrate ethical behavior and conduct ourselves in a manner consistent with the mission and values of the College Panhellenic, each inter/national organization and the institution.
- Respectfully adhere to the Unanimous Agreements and all policies established by the National Panhellenic Conference (NPC).
- Avoid disparaging remarks about any sorority or collegiate member and refrain from discussing Panhellenic matters with nonmembers.
- Provide an equitable and inclusive sorority experience for all participants who are interested at the institution.
- Recognize friendly relations with all collegiate peers, both sorority members and nonmembers, realizing the importance of creating and building friendships.
- Plan recruitment events that provide opportunities for the greatest possible number of potential new members to become sorority members while protecting the rights and privileges of individuals and chapters.
- Provide a safe, positive and enriching recruitment experience, understanding that membership is a social experience arrived at by mutual selection.
- Strive to be truthful, honorable, open and friendly to all potential new members during all recruitment events.
- Be respectful of the rights of every potential new member to make a personal choice, including but not limited to: not joining the sorority community at a specific time, intentional single preference or preference all sorority chapters.

## **WE, AS COLLEGE PANHELLENIC MEMBERS OF THE UNIVERSITY OF MISSOURI, ALSO AGREE ON AND COMMIT TO:**

- Respectfully adhere to the bylaws and recruitment rules of the College Panhellenic Association.
- Abide by all local and federal laws and NPC inter/national Unanimous Agreements, policies and best practices.
- Hold one another accountable to this code of ethics, remembering at all times that we represent not only our individual chapters but also the Panhellenic community as a whole.
- Provide a recruitment experience free from discrimination on the basis of race, ethnicity, religion, sexual orientation, sex assigned at birth, gender identity, disability, socioeconomic status, national origin, or veteran status.

## **AS PANHELLENIC MEMBERS OF THE UNIVERSITY OF MISSOURI, THESE ARE THE TENETS BY WHICH WE STRIVE TO LIVE.**



# Our Values

## SERVICE

Giving back to the community is at the root of what we do as sorority members. Our 14 chapters host annual philanthropy dinners and events benefiting causes such as St. Jude Children's Research hospital and local non-profits such as True North of Columbia. These events raise approximately \$100,000 collectively each year.

The Panhellenic Association at the University of Missouri strives to support our campus and community by holding events with our PHA Service Board, sponsoring local non-profits such as Caring for Columbia, and using our platform to share initiatives.



## SCHOLARSHIP

Being a sorority member at Mizzou is synonymous with being a high-achieving student in the classroom. Members of our PHA community are some of the most successful students in their respective programs and majors, including law, education, nursing, business, journalism and more. In order to remain an active member, GPAs must be maintained throughout membership.

As a whole, our all-sorority GPA average is consistently higher than all-female and all-university averages. Nearly 63% of PHA members were on the dean's list. The all-sorority 3.473 GPA reflects every chapter's hard work in maintaining study hall hours to assist with time management and tutoring programs to create an environment in which you can excel. No matter what chapter you join, you can expect academic success to be of the highest importance.





## LEADERSHIP

Leadership opportunities are endless within the Panhellenic community. The leadership and interpersonal skills that PHA members gain within each chapter make all sorority individuals strong, independent and confident leaders. As a chapter officer or leader, you can develop management and communication skills and have opportunities to experience different roles in your chapter. Each chapter provides educational programming to help you refine your time management, leadership, networking and communication skills.

You can find Panhellenic members in all facets of campus leadership, whether it is Summer Welcome leaders, Mizzou Alternative Break site leaders, campus tour guides, academic department ambassadors or members of the Missouri Students Association. With more than 600 organizations on our campus, every Panhellenic member is encouraged to get hands-on experience and get involved across campus.

## SISTERHOOD

Making life-long friends is the quintessential sorority experience. The sisterhood that you find within each of our Panhellenic chapters, as well as a sense of sisterhood we feel PHA-wide, is unparalleled. Our sisters come from all walks of life, and the value we place on diverse and unique experiences is what makes our sisterhood so strong. We welcome sisters of all races, religions, sexual orientations, backgrounds, socioeconomic statuses and belief systems. The one-of-a-kind sisterhood that challenges us, supports us and changes us can only be found at Mizzou.







**PHA**  
*Chapters*  
**AT MIZZOU**



# ALPHA CHI OMEGA



"Together, let us seek the heights."



Alpha Chi!



# AXΩ

## Recruitment Contact:

Alpha Chi Omega  
Kenzie Huck  
900 Richmond Ave.  
Columbia, MO 65201  
mizaxo.recruitment@gmail.com



Chapter  
Badge

The members of Alpha Chi Omega work with a local domestic violence shelter to provide hands-on care for the women and children of True North of Columbia. As an Alpha Chi, alongside your sisters, you will be given the incredible opportunity to support and contribute to True North by being a part of campus and community-engaging events. In the fall we, as the Alpha Nu chapter, host events that include Burgers and Fries with Alpha Chi, a late-night dinner; and Dash for DVA. Our events in the spring semester include Swishin' for a Mission, a basketball tournament; 5K in a Day, a 24-hour fundraising event; and Healthy Relationships Week. Nationally, we are a sisterhood of real strong women, empowering people to speak out and bring awareness to domestic violence.

**New Member Fees:** \$2,494 | **In-House Member Fees:** \$10,718 | **Out-of-House Member Fees:** \$2,208



Coat of Arms

## EST. AT MIZZOU

1922

## FOUNDED

Oct. 15, 1885, Depauw University

## OPEN MOTTO

"Together, let us seek the heights."

## VALUES

Academic Success,  
Character, Leadership,  
Responsibility and  
Personal Development

## SYMBOL

Lyre

## COLORS

Scarlet Red and  
Olive Green

## FLOWER

Red Carnation

## IDEALS

Real. Strong. Women

## NICKNAME

Alpha Chi

## BENEFICIARY

True North of Columbia

## PHILANTHROPY

Domestic Violence  
Awareness, Prevention  
and Education



# ALPHA DELTA PI



"We live for each other."



ADPi!



# AΔΠ

## Recruitment Contact:

Attn: Kiaya Wahls  
809 Richmond Ave.  
Columbia, Missouri  
65201



Alpha Delta Pi Sorority adopted Ronald McDonald House Charities as a national service project in 1979. Since that time, Alpha Delta Pi collegians and alumnae have raised almost \$4 million to help provide a home away from home for the families of critically ill children receiving medical care across the country. The Alpha Gamma Chapter is fortunate to be located about 10 minutes from the Ronald McDonald House of Mid-Missouri and helps the Ronald McDonald House by cooking dinner at the house weekly throughout the school year and working various other events, such as the Red Shoe Gala.



**New Member Fees:** \$3,550 | **In-House Member Fees:** \$10,525 | **Out-of-House Member Fees:** \$3,125

**Coat of Arms**

## EST. AT MIZZOU

1915

## FOUNDED

May 15, 1851, Wesleyan  
University

## OPEN MOTTO

"We live for each other."

## VALUES

Scholarship, Leadership,  
Sisterhood and Service

## SYMBOL

Clasped hands,  
Lion and Diamond

## COLORS

Azure blue and White

## FLOWER

Woodland Violet

## NICKNAME

ADPi

## BENEFICIARY

Ronald McDonald House

## PHILANTHROPY

Wafflepalooza, BYOB  
(Build Your Own Burrito),  
Kickin' It

# ALPHA PHI



A Phi!



AΦ

## Recruitment Contact:

Ashley Gordon  
906 Providence Road  
Columbia, Missouri  
65201  
alphaphi.recruitment.mizzou@gmail.com



"Union hand in hand."



Chapter  
Badge



Coat of Arms

The Alpha Phi Foundation is dedicated to advancing leadership development, encouraging academic excellence, improving women's heart health, supporting sisters in need and educating about the value of philanthropy. As an Alpha Phi, you will have the opportunity to support the Alpha Phi Foundation along with your chapter by planning and participating in popular campus events, which include an elegant evening gala and competitive poker and soccer tournaments that raise money for the foundation and its causes.

**New Member Fees:** \$3,516.51 | **In-House Member Fees:** \$13,276.51 | **Out-of-House Member Fees:** \$3,346.51

## EST. AT MIZZOU

1910

## FOUNDED

Oct. 10, 1872,  
Syracuse University

## OPEN MOTTO

"Union hand in hand."

## VALUES

Sisterhood, Innovation,  
Generosity and  
Character

## SYMBOL

Ivy leaf

## COLORS

Silver and Bordeaux

## FLOWER

Lily of the Valley and  
Forget-Me-Not

## NICKNAME

A Phi

## BENEFICIARY

Women's Heart Health,  
Alpha Phi Foundation

## PHILANTHROPY

Red Dress Weekend  
(Red Dress Gala &  
Poker Tournament) &  
Sweethearts Week (Mac  
& Phis, Alpha Phifa and  
Pie-A-Phi)



# CHI OMEGA



Chi O!



"Sisters on purpose."



# XΩ

## Recruitment Contact:

Attn: Chi Omega  
406 Burnam Ave.  
Columbia, Missouri 65201  
rhoalpharecruitment@gmail.com



Chapter  
Badge

Every chapter of Chi Omega around the nation is allied with the Make-A-Wish Foundation, benefiting children with life-threatening health issues. Here at the Rho Alpha chapter, Chi Omega hosts several philanthropy events. In the fall, there is Chi O Cookout, a late-night dinner. The spring semester brings Chi Omega's annual Wish Week, which includes Waffles for Wishes, a late-night dinner; Swishes for Wishes, a basketball tournament; Wish Ball, an evening banquet; and a special party for their wish kid. All of Chi Omega's wish kids are local children from the Columbia area. "Stand with your sisters, change your community and grant wishes."



Coat of Arms

**New Member Fees:** \$3,795 | **In-House Member Fees:** \$11,135 | **Out-of-House Member Fees:** \$2,555

## EST. AT MIZZOU

1913

## FOUNDED

April 5, 1895, University  
of Arkansas

## OPEN MOTTO

"Sisters on purpose."

## VALUES

Friendship, High  
Standards of Personnel,  
Sincere Learning and  
Credible Scholarship,  
Participation in Campus  
Activities, Career  
Development and  
Community Service

## SYMBOL

Owl

## COLORS

Cardinal and Straw

## FLOWER

White Carnation

## NICKNAME

Chi O

## BENEFICIARY

Make-A-Wish Foundation

## PHILANTHROPY

Chi O Cookout, Wish  
Week, Waffles for  
Wishes, Swishes  
for Wishes

# DELTA DELTA DELTA



Tri Delta!



## Recruitment Contact:

Kennedy Oliver  
Delta Delta Delta  
901 Richmond Ave  
Columbia, Missouri 65201  
tridelta.mizzou.vpme@gmail.com



Chapter  
Badge

"Let us steadfastly  
love one another."

Since 1999, Tri Delta has raised more than \$93 million to support St. Jude patients and their families. Tri Delta has fulfilled four fundraising commitments to St. Jude, raising over \$93 million for the patients and families of St. Jude. Tri Delta members everywhere are determined to continue their steadfast support of St. Jude as we approach 25 years of partnership in 2024. Tri Delta intends to reach a milestone that no other Greek or nonprofit organization has yet achieved — raising \$100 million to support the mission of St. Jude.



Coat of Arms

**New Member Fees:** \$3,410 | **In-House Member Fees:** \$13,750 | **Out-of-House Member Fees:** \$3,050

## EST. AT MIZZOU

1915

## FOUNDED

Nov. 27, 1888, Boston  
University

## OPEN MOTTO

"Let us steadfastly  
love one another."

## VALUES

Truth, Self-Sacrifice and  
Friendship

## SYMBOL

Trident, Pine Tree, Dolphin,  
Pearl

## COLORS

Silver, Gold, & Cerulean  
Blue

## FLOWER

Pansy

## NICKNAME

Tri Delta

## BENEFICIARY

St. Jude Childrens  
Research Hospital

## PHILANTHROPY

Delta House of Pancakes,  
Triple Play, 24K in a day,  
and Sincerely Yours



# DELTA GAMMA



DG!



ΔΓ



"Do Good."

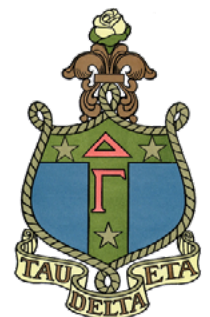
## Recruitment Contact:

Attn: Carli Ramella  
900 S Providence Rd  
Columbia, Missouri 65201  
mudgmembership@gmail.com



Chapter  
Badge

The Delta Gamma Foundation fulfills its mission through three main beneficiary programs: Service for Sight, founded in 1936; Joining Forces; and The Golden Anchor Program. Service for Sight helps those that are blind or visually impaired. Delta Gamma's two philanthropy events, Anchor Splash in the fall and Hoops for Troops in the spring, help them raise money to support their three beneficiaries. This organization is continuously expanding their philanthropy, having many different ways to "Do Good."



Coat of Arms

New Member Fees: \$2,647 | In-House Member Fees: \$13,084 | Out-of-House Member Fees: \$2,454

## EST. AT MIZZOU

1909

## FOUNDED

March 15, 1873; Oxford,  
Mississippi

## OPEN MOTTO

"Do Good."

## VALUES

To foster high ideals of friendship, promote educational and cultural interests, create a true sense of social responsibility and to develop the best qualities of chapter.

## SYMBOL

Anchor

## COLORS

Bronze, Pink and Blue

## FLOWER

Cream-colored Rose

## NICKNAME

DG

## BENEFICIARY

Service for Sight

## PHILANTHROPY

Anchor Splash and  
Hoops for Troops

# GAMMA PHI BETA



G Phi!



"Founded on a rock."



# ΓΦΒ

## Recruitment Contact:

Celia Condon  
808 Richmond Ave  
Columbia, MO 65201  
MVP.mizzouphi@gmail.com  
Gammaphibeta.org



Chapter  
Badge

Gamma Phi Beta's mission is to inspire the highest type of personhood, build confident chapter members of character who make a difference in the world around us, and be true and constant friends to all. Gamma Phi Beta's philanthropic focus is to proactively work to build strong individuals by providing opportunities for self-expression and love while helping inspire future leaders. Many of these attributes are achieved through hands-on interactions between the Gamma Phi Beta members and the Girls on the Run Organization. Participants directly engage with the members of Gamma Phi Beta by coming to the chapter house and building relationships with members. To the members of Gamma Phi Beta, Girls on the Run is much more than an organization. It is a passion and a way to add confidence and empower young individuals forever.

**New Member Fees:** \$4,005 | **In-House Member Fees:** \$13,372 | **Out-of-House Member Fees:** \$2,637



Coat of Arms

## EST. AT MIZZOU

1921

## FOUNDED

Nov. 11, 1874, Syracuse  
University

## OPEN MOTTO

"Founded on a rock."

## VALUES

Love, Labor, Learning and  
Loyalty

## SYMBOL

Crescent Moon

## COLORS

Blush and A-La-Mode

## FLOWER

Pink Carnation

## NICKNAME

G Phi

## BENEFICIARY

Girls on the Run

## PHILANTHROPY

Moonball and  
Grilled Cheese with  
the G Phi B's



# KAPPA ALPHA THETA



## KAT



"Leading Women."



Theta!

### Recruitment Contact:

Attn: VP of Membership  
603 Kentucky Boulevard  
Columbia, MO 65201  
mizzouthetarecruitment@gmail.com



Chapter  
Badge

CASA is a unique program that trains volunteers who advocate on behalf of children in the court system, with the ultimate goal of helping the children find safe, healthy and permanent homes. The Kappa Alpha Theta Foundation provides funding opportunities, education and resources so active and alumnae Thetas can embrace their ambition, reach their fullest potential and make a difference in the world. In the fall, Theta hosts their annual flapjacks and quarterbacks weekend, including an all-you-can-eat pancake late-night dinner and a competitive flag football tournament. During the spring semester, the members of Theta open their home to serve carnival-themed food for CASA carnival as well as KATs and Dogs.



Coat of Arms

New Member Fees: \$3,237 | In-House Member Fees: \$9,997 | Out-of-House Member Fees: \$2,637

### EST. AT MIZZOU

1909

### FOUNDED

Jan. 27, 1870, Depauw  
University

### OPEN MOTTO

"Leading Women."

### VALUES

Personal excellence,  
intellectual curiosity,  
commitment to service,  
leadership potential.

### SYMBOL

Kite and Twin Stars

### COLORS

Black and Gold

### FLOWER

Pansy

### NICKNAME

Theta

### BENEFICIARY

Court Appointed Special  
Advocates (CASA) and  
Kappa Alpha Theta  
Foundation

### PHILANTHROPY

Flapjacks &  
Quarterbacks, Casa  
Carnival, and Cornhole  
for Casa

# KAPPA DELTA



"Let us strive for that which is honorable, beautiful and highest."



KD!



# KΔ

## Recruitment Contact:

Attn: VP Recruitment and Marketing  
Kappa Delta  
606 Rollins St.  
Columbia, Mo 65201  
mukdrecruitment@gmail.com



Chapter  
Badge



Coat of Arms

Kappa Delta supports Rainbow House Emergency Center Columbia and Prevent Child Abuse America with their Shamrock Week every March, which includes profit shares and a late night dinner called Kappadillas. Kappa Delta's visit Rainbow House every Sunday evening to make dinner for the children staying at the shelter. Kappa Delta created two holidays: International Women's Friendship Month (September) and International Girls Day (November 14) to build confidence and inspire action. Additionally, they promote the Confidence Coalition on campus and in the community, celebrating courage by hosting events for local Girl Scouts. This includes hosting cookie booths, STEM events, and events for international girls day. Kappa Deltas are honored, empowered and all in.

**New Member Fees:** \$4,682 | **In-House Member Fees:** \$10,636 | **Out-of-House Member Fees:** \$2,236

## EST. AT MIZZOU

1976

## FOUNDED

Oct. 23, 1897, Longwood University

## OPEN MOTTO

"Let us strive for that which is Honorable, Beautiful and Highest."

## VALUES

Lifelong learning, selfless service, confidence, friendship and loyalty, and personal integrity

## SYMBOL

Nautilus Shell, Dagger and Teddy Bear

## COLORS

Olive Green and Pearl White

## FLOWER

White Rose

## NICKNAME

KD

## BENEFICIARY

Prevent Child Abuse

America, Girl Scouts of America, Rainbow House

## PHILANTHROPY

Shamrock Week, Kappadillas, Confidence Week, Color Me Confident, International Women's Friendship Month and International Girls Day



# KAPPA KAPPA GAMMA

## Recruitment Contact:

Attn: Membership Chairman  
[kkg.thetachapter.membership@gmail.com](mailto:kkg.thetachapter.membership@gmail.com)  
[kappakappagamma.org/Kappa/KKG/MembersOnly/references.aspx](http://kappakappagamma.org/Kappa/KKG/MembersOnly/references.aspx)



# KKΓ



"Dream boldly, live fully."



Each year Kappa Kappa Gamma hosts the Kappa Klassic, a golf tournament, and Matches for Mental Health, a pickle ball tournament, that raise money for their local and national beneficiaries. Locally, they support Cedar Creek Therapeutic Riding Center, which provides assistance for those with emotional, physical, or mental disabilities. Weekly, chapter members have the opportunities to see firsthand how their hard work and philanthropic efforts import their local community through hands-on volunteerism. Additionally, Kappa Kappa Gamma chooses to support the JED Foundation. The JED Foundation aims to protect emotional health and prevent suicide for teens and young adults across the nation. Members also support the Kappa Kappa Gamma Foundation that provides scholarships, emergency relief funds and educational programming for members throughout their lifetime.



**Coat of Arms**

**New Member Fees:** \$3,875 | **In-House Member Fees:** - \$11,044 | **Out-of-House Member Fees:** - \$3,420

## EST. AT MIZZOU

1875

## FOUNDED

Oct. 13, 1870,  
Monmouth College

## OPEN MOTTO

"Dream Boldly, Live Fully."

## VALUES

Truth, Connection,  
Respect, Optimism,  
Trailblazing and  
Knowledge

## SYMBOL

Golden Key and  
Fleur-de-lis

## COLORS

Light Blue and Dark Blue

## FLOWER

Iris

## NICKNAMES

Kappa, KKG

## BENEFICIARY

Cedar Creek Therapeutic

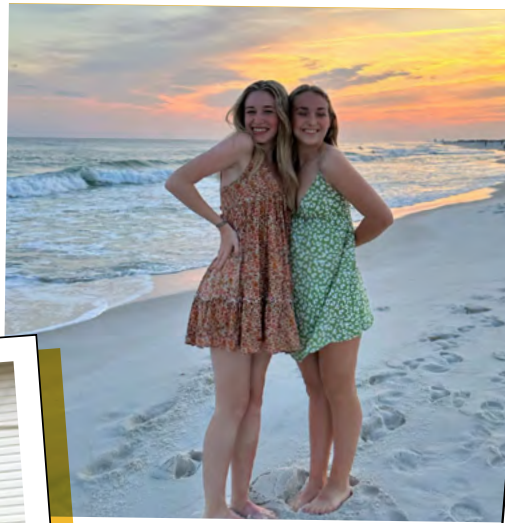
Riding Center, Kappa  
Kappa Gamma  
Foundation, JED

Foundations

## PHILANTHROPY

Kappa Klassic, Matches  
for Mental Health

# PHI MU



"The Faithful Sisters"



# ΦΜ

**Recruitment Contact:**  
Attn: Melissa Hagemann  
503 Kentucky Blvd  
Columbia, Missouri 65201  
phimuchmembership@gmail.com



Chapter  
Badge



"Les Soeurs Fideles"

Phi Mu was founded in 1852 at Wesleyan College in Macon, Georgia, making it the second oldest sorority in the nation. Phi Mu is built upon the values of love, honor, and truth, and it aims to empower women through leadership, scholarship, and community service. Phi Mu's philanthropic endeavors center around their dedication to the MU Womens and Children's Hospital, a symbolic representation of their support for Children's Miracle Network Hospitals; which Phi Mu nationally has raised over \$19 million for since 1986. Through hosting events such as profit shares, late-night dinners, card-making sessions, and blanket-tying activities while featuring their Miracle Kids; Phi Mu fosters meaningful connections between its members and the children they aim to assist. Phi Mu has been the Large Division winner at Mizzouthon for the past two years, meaning they raised the most money for CMN Hospitals. By combining fun and engaging activities while being committed to their philanthropy, Phi Mu cultivates a supportive community that actively contributes to improving the lives of children in need.



Coat of Arms

**New Member Fees:** \$3,456.23 | **In-House Member Fees:** \$9,761.73 | **Out-of-House Member Fees:** \$2,761.73

## EST. AT MIZZOU

1913

## FOUNDED

March 4, 1852,  
Wesleyan College

## OPEN MOTTO

"Les Soeurs Fideles"  
("The Faithful Sisters")

## VALUES

Love, Honor, Truth

## SYMBOL

Quatrefoil and Lion

## COLORS

Rose and White

## FLOWER

Rose-colored Carnation

## BENEFICIARY

Children's Miracle Network  
Hospitals (CMNH) and  
MU Children's

## PHILANTHROPY

Miracle Week, Meals  
for Miracles, Cheesin'  
for the Children,  
and Miracle Man



# PI BETA PHI



Pi Phi!



# ΠΒΦ



"Friends and Leaders  
for Life"

## Recruitment Contact:

Attn: VP Recruitment  
511 Rollins St.  
Columbia, Missouri 65201  
Mizpiphirecruitment@gmail.com



Chapter  
Badge

Pi Beta Phi is passionate about literacy and exemplifies this through our support for the Pi Beta Phi Foundation. This beneficiary inspires a life-long love of reading through Read>Lead>Achieve initiatives. These philanthropic efforts can unlock true potential creating a more literate and productive society. Throughout each year, Pi Phi hosts various events to raise money to support these literacy efforts including; a late-night dinner- Pi Beta Phry, a Volleyball Tournament- ArrowSpike, and a new addition, Pi Phi Pizookies! Additionally, Pi Phi participates in Champions Are Readers (CARs). CARs allows Pi Phis to pair with students from Columbia public schools and assist their reading skills while creating meaningful connections with our local community. First in grades on campus for the past five semesters, Mizzou's Pi Beta Phi chapter has also been named the number one chapter nationally in 2020 and 2022.

**New Member Fees:** \$4,494 | **In-House Member Fees:** \$12,080 | **Out-of-House Member Fees:** \$2,980



Coat of Arms

## EST. AT MIZZOU

1899

## FOUNDED

April 28, 1867, Monmouth College

## OPEN MOTTO

"Friends and Leaders for Life"

## SYMBOL

Arrow and Angel

## COLORS

Wine and Silver Blue

## FLOWER

Wine Carnation

## NICKNAME

Pi Phi

## VALUES

Integrity, Lifelong Commitment,  
Honor and Respect, Personal  
and Intellectual Growth,  
Philanthropic Service to  
Others, Sincere Friendship

27

## BENEFICIARY

The Pi Beta Phi Foundation and  
Read > Lead > Achieve Initiatives

## PHILANTHROPY

Pi Beta Phry, ArrowSpike,  
Champions are Readers (CARs),  
Book Drive Competition  
with KU Pi Phi Chapter,  
Haircuts for a Cause

# SIGMA KAPPA



SigKap!



# ΣK

## Recruitment Contact:

908 Curtis Ave  
Columbia, Missouri 65201  
skmuvpm@gmail.com



"One Heart, One Way"



Chapter  
Badge

Members of Sigma Kappa have a long history of supporting Alzheimer's disease research. At the local level, members support memorymaking and retirement centers; at the national level, we partner with our philanthropic partner, the Alzheimer's Association. Alzheimer's disease is the third leading cause of death in women and thus motivates our members to find a cure. To date, Sigma Kappa has donated over 10 million dollars through fundraisers for the Walk to End Alzheimer's! The chapter also participates in Inherit the Earth and the Maine Seacoast Mission, which are our other beneficiaries. Our passion for philanthropy allows us to practice one of our four core values being service! We incorporate the other three, personal growth, friendship, and loyalty into every aspect of our membership experience.

**New Member Fees:** \$2,767 | **In-House Member Fees:** \$11,413 | **Out-of-House Member Fees:** \$2,463

\*Fees could be subject to change



**Coat of Arms**

## EST. AT MIZZOU

1968

## FOUNDED

Nov. 9, 1874, Colby College

## OPEN MOTTO

"One Heart, One Way."

## VALUES

Personal Growth, Service,

Loyalty and Friendship.

## SYMBOL

Dove and Heart

## COLORS

Lavender and Maroon

## FLOWER

Violet

## NICKNAME

SK, SigKap

## BENEFICIARY

Sigma Kappa Foundation,

Alzheimer's Association  
& Maine Sea Coast

## PHILANTHROPY

Golden Memories Gala,  
Sigma Kappatizers,  
Sigma Kappa Skoops, &  
the Alzheimer's Walk



# ZETA TAU ALPHA



Zeta!



"Seek the Noblest"



# ZTA

## Recruitment Contact:

Attn: Kenley Smith, Vice President of  
Membership & Recruitment  
912 Richmond Ave  
Columbia, Missouri 65201  
mu.zeta.recruitment@gmail.com



Chapter  
Badge

Zeta Tau Alpha's national beneficiary is Breast Cancer Education and Awareness. Nationally, ZTA partners with the American Cancer Society, Bright Pink and the NFL to raise money while spreading awareness and educating the community. Locally, ZTA partners with Ellis Fischel Cancer Center by donating care packages to patients as well as partnering with Mizzou Athletics for their annual Pink Out games. Twice a year, Zeta holds Think Pink Week. In the fall, Zeta hosts a late night Chick-fil-A dinner. In the spring, they host a late night Pink Pancake dinner and dodgeball tournament. During their Think Pink Weeks, Zeta raises awareness by passing out Think Pink Ribbons on campus, empowering women to know their risk through Bright Pink speakers.



Coat of Arms

**New Member Fees:** \$3,117 | **In-House Member Fees:** \$10,383 | **Out-of-House Member Fees:** \$2,717

## EST. AT MIZZOU

1924

## FOUNDED

Oct. 15, 1898; Longwood  
University

## OPEN MOTTO

"Seek the Noblest."

## VALUES

Being rather than seeming,  
humility, leadership,  
lifelong learning, love,  
loyalty, commitment,  
responsibility, seeking  
understanding that we  
might gain true wisdom,  
service and philanthropy.

## SYMBOL

Five Point Crown  
and Strawberry

## COLORS

Steel Grey and  
Turquoise Blue

## FLOWER

White Violet

## NICKNAME

Zeta

## BENEFICIARY

Breast Cancer Awareness  
and Education

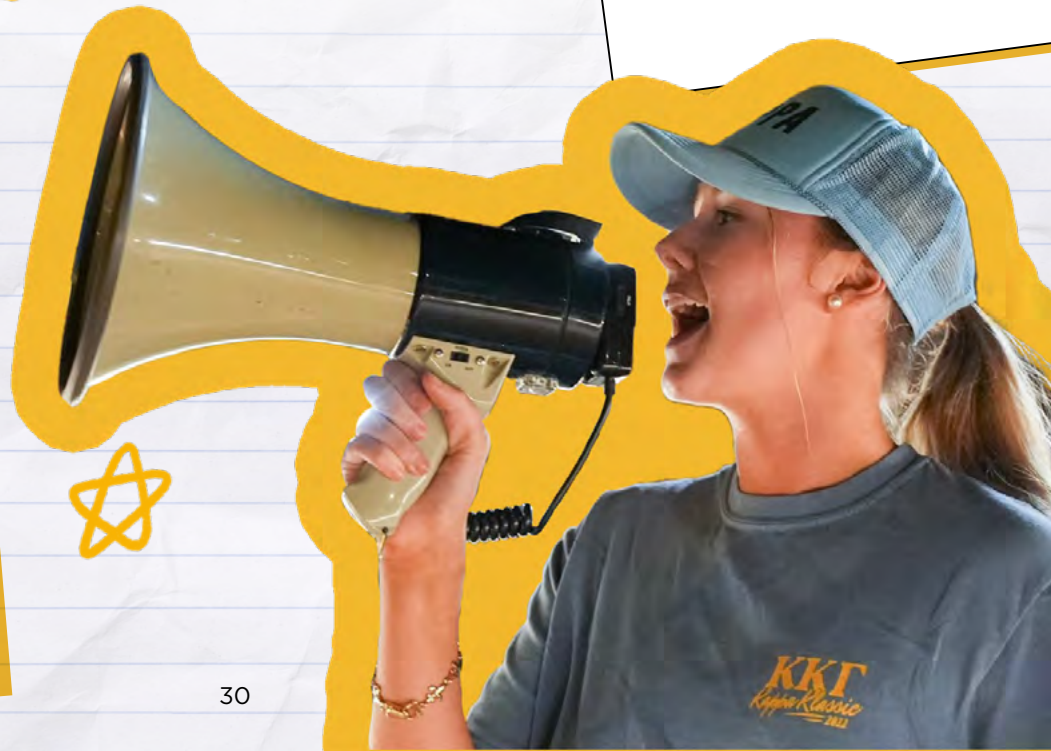
## PHILANTHROPY

Think Pink Week,  
Dodge for a Cause,  
Chick-Fil-A with ZTA  
and Pink Pancakes





# PHA 101





# Sorority Life

## AT THE UNIVERSITY OF MISSOURI

### HOMECOMING

Back in 1911, when Chester Brewer invited alumni to come home for the Missouri-Kansas football game, he couldn't have envisioned it would become Mizzou's biggest annual tradition. That first call to "come home" drew a crowd of 9,000+ — and it's grown ever since. Organizations and fraternities and sororities pair up and work together to place first overall based on various events. This includes collecting food for Tiger Pantry, donating and volunteering at the nation's largest, student-run blood drive, performing in talent shows, skits and dances, helping Decorate the District, creating Campus Decorations, which are 16 feet tall and match the chapters' themes, and participating in the Spirit Rally and Parade.

### GREEK WEEK

Greek Week is a period in April where fraternity and sorority chapters participate in programs and events that celebrate the values of the Office of Fraternity & Sorority Life. Its mission is to foster individual and communal growth within the four councils by organizing events centered around hands-on service, sportsmanship and teamwork. Greek Week benefits local and national organizations in need of funding to keep their operations and programs running. The program attempts to benefit a wide variety of causes when selecting different beneficiaries and strives to impact our global, national, regional, local and campus communities.



## Fast Facts



**All sorority GPAs are consistently higher** than all-women and all-undergraduate GPAs

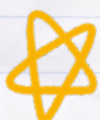
**27% of Mizzou undergraduate students**

are members of fraternities and sororities

Mizzou PHA Chapters

**raised more than \$475,000**

combined for beneficiaries last year





# Glossary

**Active member** — a member of a sorority or fraternity who has been initiated and is currently an undergraduate

**Beneficiary** — the organization or charity that the money and efforts of a fraternity or sorority go toward

**Bid** — a formal invitation to join a sorority or fraternity

**Chapter** — a membership unit of a national or international sorority or fraternity

**Continuous opening bidding (COB)** — the period in which a sorority that has not met the Campus Total is able to recruit members

**Fraternity/sorority** — a group of members joined together in friendship for education, philanthropic and social purposes. Each enables individual members to express their own desires and achievements while working together to promote chapter ideals and values

**FSL** — Fraternity and Sorority Life

**House director** — a person who is hired to supervise the kitchen, plan menus, manage the food budget, and assist in house management; also known as a “house mom” or “house dad”

**Informal recruitment** — a formalized period of continuous open recruitment where chapters host events promoted by the Panhellenic Association

**Initiate** — a person who has recently become an active member of a sorority or fraternity

**Initiation** — the formal ritual that brings new members into full membership of the sorority or fraternity. Through initiation, members learn about and pledge themselves to uphold the ideals of the sorority or fraternity

**MRABA** — membership recruitment acceptance binding agreement; PNMs will sign this at the end of preference day, stating that they will accept a bid of the chapters they put on their form

**New member period** — classified as the beginning of one’s term in a fraternity or sorority up until the time the member is initiated

**Philanthropy** — **1.** A national and/or local charity that a sorority sponsors, donating time and money through service in order to promote human welfare **2.** The events that a chapter hosts in order to raise money/awareness for their chapter’s beneficiaries

**PNM** — potential new member going through recruitment

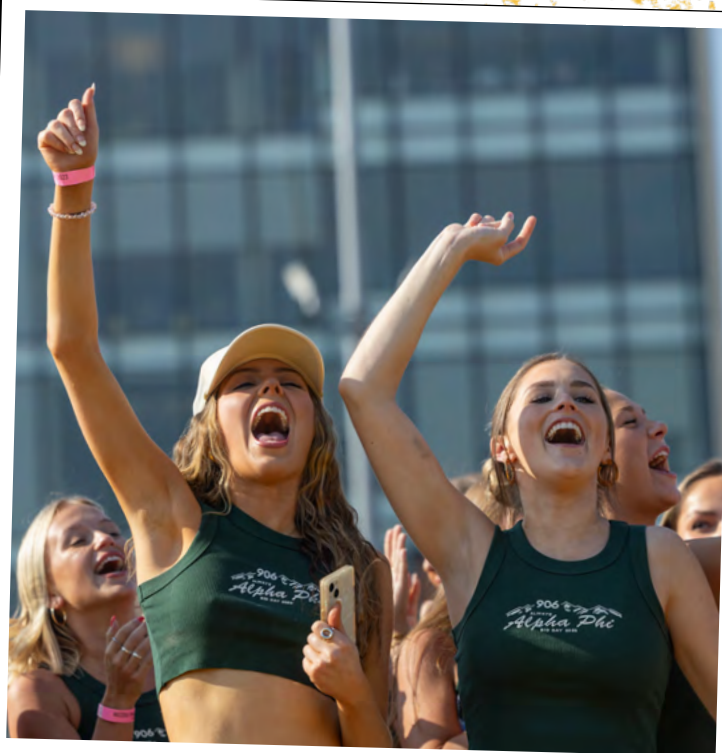
**Primary recruitment** — a designated membership recruitment period during which a series of organized events are held for the purpose of selecting new members

**Quota** — the number of women a sorority may select during primary or informal recruitment

**Selections** — the process of PNMs choosing their preferred chapters to return to on the next round of recruitment

**Pi Chi** — Panhellenic counselor

**Values-based recruitment** — the emphasis of focusing on how your values — such as academics, equality, inclusion, and service — align with different chapters’ values





# PHA Recommends



## Prioritize yourself

This week you will be transitioning to your new home as a college student as well as taking on primary recruitment. This will make for a long week. It is important to remember to prioritize yourself. This includes your physical and mental well-being. Be sure to hydrate, fuel your body with food, get as much sleep as possible, wear comfortable shoes (you will be walking a lot), and wear sunscreen!

## Take notes

Recruitment week is long, and the days start to blend together. To avoid forgetting what you discussed with certain chapters, take notes each round. PHA recommends making a notes page on your phone and trying to write down your conversations, how you felt at the chapter, and if you could see yourself fitting in there! PRO TIP: If you can remember a member's name after you leave, that's a sign of a good conversation.

## Ask questions

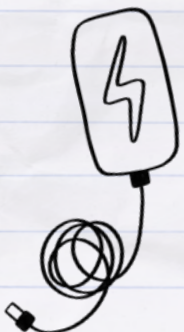
The Panhellenic Association Executive Board, the Recruitment Team and Panhellenic Counselors are here to help you. Never be afraid to ask questions or clarify something because we understand that everyone comes from different backgrounds and has varying knowledge of sorority life. We encourage you to ask chapter members questions as well. You want to know just as much as they are wanting to know about you. Some questions could be: What does a day in the life look like? How is living in the chapter house? Or how does the chapter help with academic success? Asking questions is a vital aspect of the recruitment process and finding the place that is most tailored to you.

## Trust yourself

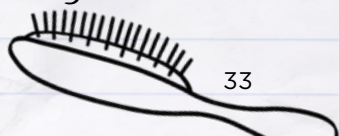
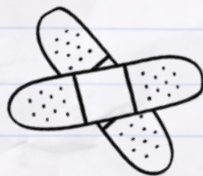
It is easy to let others' choices and opinions influence you this week. Remember that your recruitment is different from everyone else's. Do not let anyone put pressure on you to make a decision, including family members and friends. Our biggest advice is to trust your gut when making these decisions and preferencing chapters. Everything happens for a reason, and you will end up in the place that you were meant to be. Make this decision by thinking of yourself because each of you are intelligent individuals, just trust yourself.

## ESSENTIALS

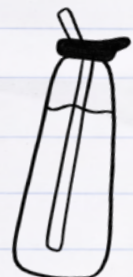
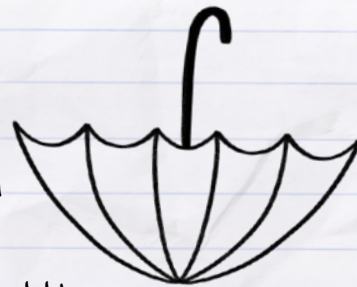
(What to Bring During Recruitment Week)



- extra ponytail holders
- bobby pins
- bandages
- hairbrush
- deodorant
- portable phone charger



- umbrella
- snacks
- water bottle
- feminine hygiene products
- makeup for touchups
- mints



# frequently asked questions

## **What is Primary/Formal Recruitment?**

The primary recruitment process is set up so each PNM can get to know each sorority chapter before deciding to commit to the organization that is best for them. If you decide to go through primary recruitment, you will move into your residence hall a week before school starts in the fall. To make the process easier, you will be assigned to a Panhellenic counselor group. Each day of recruitment consists of planned social events. For example, Philanthropy Round focuses on each chapter's community service work while the Sisterhood Round allows the sorority members to showcase their sorority house and what makes them unique. These events will help you figure out the goals, values and personality of each chapter, and they will help you decide which chapter is best for you. Keep in mind that recruitment is a mutual selection process, so while you decide which chapters you feel most comfortable with, the members in each chapter are also trying to determine which potential new members would fit best into their chapter.

## **Is Primary Recruitment the same thing as Informal Recruitment/Continuous Open Bidding (COB)?**

No. Primary recruitment takes place at the beginning of the fall semester. COB takes place throughout the year. Not all chapters participate in COB nor begin COB until after primary recruitment. In order to participate in COB, you must complete an interest form. There is no cost associated with COB; however, completing the COB interest form does not guarantee that a sorority participating will contact a potential new member: nor that they will receive an offer of membership. Feel free to contact the Vice President of Recruitment-External for COB details and questions.

## **Is there a grade requirement to join a chapter?**

There is no grade requirement set by PHA to go through primary recruitment, but each chapter has its own GPA standards for membership and retention. Because PHA and each chapter values scholarship, maintaining good grades is important to all sorority members. The average GPA for all sorority women at Mizzou in the fall semester of 2021 was 3.45, which was higher than all-women and all undergraduate GPA averages.

## **How much of a time commitment is being in a sorority?**

Each sorority has basic time commitments and mandatory events such as chapter meetings and new member meetings once a week. Some chapters require study hours. Homecoming is also a busy

time in the fall. Time commitment for being a sorority member is large and can vary from one chapter to another. But many sorority members are able to manage sorority responsibilities, jobs or internships, academics and involvement in other campus organizations. If you are interested in joining a sorority but have concerns about the time commitment, feel free to ask members during recruitment how they balance their time.

## **Are members in different chapters friends with one another?**

Mizzou's community of fraternities and sororities has many opportunities for members of different chapters to meet and create friendships. Social, leadership and service events give members in different sororities the chance to socialize. Making friends from other sororities helps strengthen our community. By participating in primary recruitment, a PNM has the opportunity to meet members in their Panhellenic Counselor group and can maintain these friendships even after joining different chapters.

## **When does a sorority member get to live in her chapter house?**

Each chapter has a different housing policy; however, most chapters have members move into their houses first semester during their second year of membership. During recruitment, PNMs are encouraged to ask about housing specifics.

## **What if I go through the recruitment process and decide that joining a sorority is not for me?**

If a PNM decides during recruitment that joining a sorority is not for them, they may withdraw at any time during the process. PHA encourages PNMs to complete the process and discuss withdrawing with their Panhellenic counselors. However, the decision to withdraw is determined by the PNM. Upon deciding to withdraw, there will be paperwork to complete.

## **How will I know which Panhellenic chapter is right for me?**

Each sorority has its own mission, creed and values that it lives by. However, overall, Panhellenic organizations strive to provide members with friendship, opportunities for personal growth/development and fun. Primary recruitment is a process designed to allow you and the chapters to decide on the best fit. As you go through the process, be sure to keep an open mind, ask questions, and be yourself!



# primary recruitment

# schedule

**Aug. 10:** Early move-in

**Aug. 10:** Potential New Member  
Orientation | 7 p.m.

Jesse Auditorium | Attire: Casual

**Aug. 10:** Loved Ones'

Orientation | 6 p.m.

Allen Auditorium

**Aug. 11:** Open House

Virtual Round | Attire: Casual

**Aug. 12- 13:** Philanthropy Round

Attire: Mizzou apparel

**Aug. 14-15:** Sisterhood Round

Attire: Casual dressy

**Aug. 16:** Preference Round

Attire: Semi-formal

**Aug. 17:** Bid Day



# questions to ask

# yourself



Why do I want to join a sorority?

What specifically am I looking for in a community?

What exactly does community mean to me and how do I wish to see this lived out?

What qualities do I see in myself that I am I proud of and how will this impact my sorority experience?

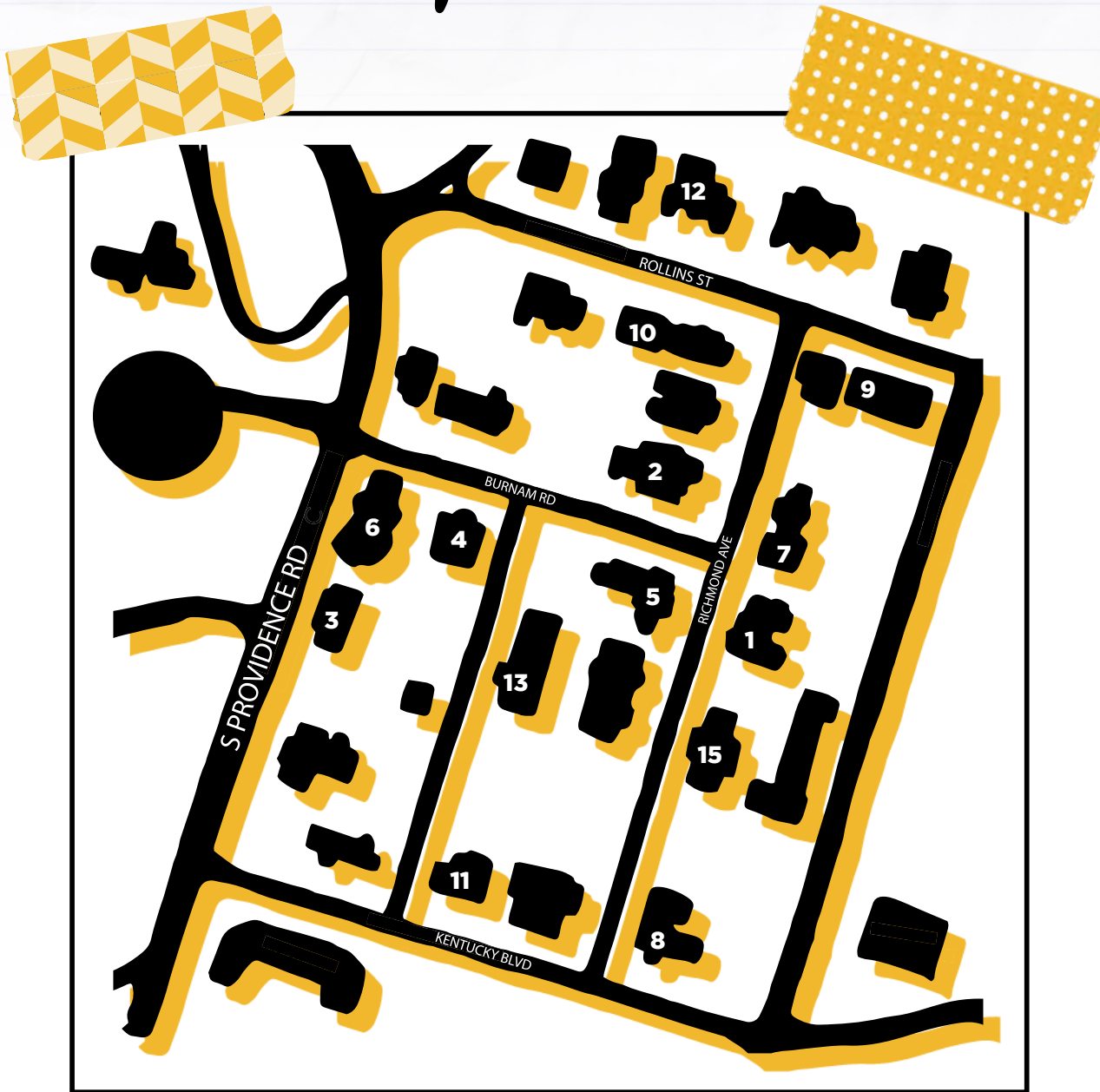
What philanthropy or service opportunities do I want to pursue during my college career?

What leadership opportunities am I interested in?

What do I plan to prioritize throughout my college career? Academic, campus involvement, work, meeting new people, etc.?



# map of *Greek* town



## PHA SORORITIES

- |                      |                       |                    |
|----------------------|-----------------------|--------------------|
| 1. Alpha Chi Omega   | 6. Delta Gamma        | 11. Phi Mu         |
| 2. Alpha Delta Pi    | 7. Gamma Phi Beta     | 12. Pi Beta Phi    |
| 3. Alpha Phi         | 8. Kappa Alpha Theta  | 13. Sigma Kappa    |
| 4. Chi Omega         | 9. Kappa Delta        | 14. Zeta Tau Alpha |
| 5. Delta Delta Delta | 10. Kappa Kappa Gamma |                    |



# LETTERS OF RECOMMENDATION

## Alpha Chi Omega

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Please send all electronic recommendations to  
***an.axo.cric@gmail.com***.

## Alpha Delta Pi

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Please send all electronic recommendations to  
Pride Online at ***alphadeltapi.org*** or email to  
***alphagammarecommendations@gmail.com*** or  
***adpi.alphagamma.vpr@gmail.com***

Please mail all letters of recommendation to:  
Alpha Delta Pi-Alpha Gamma Chapter  
Attn: Madelyn Bonkoski  
Director of Primary Recruitment  
809 Richmond Ave.  
Columbia, MO 65201

## Alpha Phi

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Please send all electric letters of recommendation to  
***omicronrecs@gmail.com***.

Please mail other recs to:  
Attn: Ashley Gordon  
906 S Providence Rd  
Columbia, MO 65201

## Chi Omega

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Please send all electronic recommendations to:  
***srothermich@centurytel.net*** and/or  
***rhoalpharecruitment@gmail.com***

Please mail all letters of recommendation to:  
204 W. Burnam Rd.  
Columbia, MO 65203

## Delta Delta Delta

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Please send all electronic recommendations to  
***mizzoutrideltareferences@gmail.com*** or through  
***tridelta.org***.

Please mail letters of recommendation to:  
Delta Delta Delta  
Attn: Kennedy Oliver  
901 Richmond Ave.  
Columbia, MO 65201

## Delta Gamma

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Please send all electronic recommendations through  
the membership portal on ***deltagamma.org*** or  
email to ***mudgsponsorship@gmail.com***.

Please mail letters of recommendation to:  
Carli Ramella, VP Membership  
900 S. Providence Rd.  
Columbia, MO 65203

## Gamma Phi Beta

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Please submit letters of recommendation to  
***gammaphibeta.com***. Mail all letters of recommendation to:  
Attn: Celia Condon  
Gamma Phi Beta  
808 Richmond Ave.  
Columbia, MO 65201

## Kappa Alpha Theta

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Please send all electronic recommendations to  
***mizzouthetarecruitment@gmail.com***.

Please mail letters of recommendation to:  
VP of Membership  
603 Kentucky Blvd.  
Columbia, MO 65201

## Kappa Delta

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A Kappa Delta Alumna or Collegian in good standing  
may submit an electronic recommendation through the  
Member Portal. Please contact ***mukdreruitment@***  
***gmail.com*** for details on where to mail a hard copy.

## Kappa Kappa Gamma

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Please send all electronic recommendations to  
***kappakappagamma.org*** or  
***kkg.thetachapter.membership@gmail.com***.

Please mail recommendations to:  
Kappa Kappa Gamma  
Attn: Addie Becking VP Membership  
512 Rollins St  
Columbia, MO, 65201

## Phi Mu

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Please send all electronic recommendations  
***Phimuchimembership@gmail.com***

## Pi Beta Phi

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Both online and hard copy Recruitment Information Form (RIF)  
instructions can be found at ***pibetaphi.org/recruitment***. Please  
send online (recommended method) RIFs to ***pibetaphi.org/rif***.

Please mail hard copy RIFs to:  
Attn: VP Recruitment  
511 Rollins St.  
Columbia, MO 65201

## Sigma Kappa

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Please send all electronic recommendations to  
***skmuvpm@gmail.com***

## Zeta Tau Alpha

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Please send all electronic recommendations to  
***zetataualpha.org/alumnae-experience/refer-pnm***.