2020
Primary Recruitment

PANHELLENIC ASSOCIATION
UNIVERSITY OF MISSOURI
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Dear Potential New Members

On behalf of the University of Missouri Panhellenic Association Executive Board, we would like to welcome you to the University of Missouri! We are so excited that you have chosen to participate in primary recruitment. The Panhellenic Association takes pride in strongly upholding our four values: scholarship, leadership, service and sisterhood. Recruitment is an ideal time to learn about what it means to be a member of the fraternity and sorority community here at Mizzou. It is also an opportunity to meet the incredible women within the chapters, as well as other students going through the process.

Mizzou is home to 15 National Panhellenic Conference organizations. Each chapter provides its members with opportunities for leadership development, educational support and enrichment, as well as a positive and lasting social atmosphere. We ask that you take this opportunity to search for the sisterhood that is the best fit for you. Keep an open mind, have a positive attitude and form your own opinions. As the week progresses, we hope that you look for the chapter that aligns best with your values and that you could call home. We will provide you with support and guidance along the way in order to make this a positive experience. There are 80 enthusiastic and well-trained panhellenic counselors who will help lead you through the recruitment process and who are here to mentor you through your college years.

Use this guide as a resource for information about our Panhellenic community. If you have any questions, please feel free to contact us via email or phone. You can also visit fsl.missouri.edu and follow us on social media for more information.

We are so excited to have you at Mizzou, and, more so, that you are interested in registering for the primary recruitment experience. We look forward to seeing you this fall!

MIZ!

Abby Warren - VP of Recruitment External  
Cate Perlik - VP of Recruitment Internal

Contact Us

Recruitment Email: pharecruitment@missouri.edu  
Website: fsl.missouri.edu | Phone: 573-882-8291 | Fax: 573-884-7335

@MizzouPHA
MU Greek Life Councils

All four of our councils (Interfraternity Council, Multicultural Greek Council, National Pan-Hellenic Council, Panhellenic Association) work together as one community, supporting one another in everything we do.

Interfraternity Council

Multicultural Greek Council

National Pan-Hellenic Council

Panhellenic Association Executive Board

Logan Merz
President

Katie Sticklen
VP of Risk Management

Grace Miskov
VP of Programming

Abby Warren
VP of Recruitment External

Cate Perlik
VP of Recruitment Internal

Alexis Livingston
VP of Finance and Records

Carlie Bollinger
VP of Philanthropy and Service

Emma Weil
VP of Member Education

Molly Freudenberg
VP of Public Relations
Your Panhellenic counselors will be some of the first people you meet during recruitment week. These sorority women embody Panhellenic values, are carefully chosen, and serve to help potential new members have the most positive primary recruitment experience possible. Their purpose is to guide you through recruitment as confidants and friends, helping you through any problems you may encounter. You don’t need to be in a certain counselor’s group to ask a question! They will be able to answer many of your questions about recruitment, as they have gone through extensive training during the spring semester and the weeks leading up to recruitment. These women are disaffiliated from their respective chapters in order to represent the Panhellenic community as a whole. They will keep all of your questions and concerns confidential and will remain neutral towards chapters throughout all of primary recruitment. When you check in for recruitment on Saturday, August 15, you will be assigned to a Panhellenic counselor group composed of roughly 60 other potential new members, and led by three or four counselors. Starting the night before recruitment, you will have mandatory nightly meetings with your group, where important information about recruitment will be discussed.

Recruitment Chairs

Alpha Chi Omega: Emiley Zegar
Alpha Delta Pi: Madisen Meyer & Marlo May
Alpha Phi: Sydney Sutter
Chi Omega: Sophie Cuda
Delta Delta Delta: Kate Wilson & Grace Schulte
Delta Gamma: Sam Meyers
Gamma Phi Beta: Lauren Roither
Kappa Alpha Theta: Maddie Brownfield
Kappa Delta: Olivia Glaeser
Kappa Kappa Gamma: Melanie Green
Phi Mu: Brady Slattery
Pi Beta Phi: Anna Davis
Sigma Kappa: Madeline Webb
Sigma Sigma Sigma: Breigh Joss & Nia Jones
Zeta Tau Alpha: Sarah Stitch
Circle of Sisterhood
The Panhellenic-Wide Philanthropy

Mission Statement:
The Circle of Sisterhood Foundation will leverage the collective wisdom and influence of sorority women to raise financial resources for entities around the world that are removing educational barriers for girls and women facing poverty and oppression.

Who We Are:
Mizzou was the first college campus to declare Circle of Sisterhood as our Panhellenic-wide beneficiary. Now over 280 sorority communities have adopted it nationwide!

Issues We Focus On:
• Gender-based violence
• Economic and social deprivation
• Lack of supplies
• Sex trafficking/slavery

• Maternal mortality
• Gendercide
• Child marriage
• Genital mutilation
• Inadequate infrastructure

Our Impact:
During the 2019 grant cycle, $82,590 was given to support women’s education globally. Mizzou Circle of Sisterhood personally provided educational assistance for 250 girls that were rescued from female gendercide in India. These funds provided uniforms, books, supplies and counseling as part of a holistic support program.

Donate Today!
A little goes a long way

$0.24 = notebook and a pencil
$3.30 = noon meal for school year
$7.00 = set of textbooks
$13.00 = tuition for the year
$29.00 = a school uniform
$53.00 = one academic year

Find us on Instagram: @mizzoucircleofsishehhood
Expectations of Potential New Members

- You will keep an open mind and do your best to ignore stereotypes for chapters.
- You are to be respectful to the Panhellenic counselors, recruitment team and other PNMs.
- You are to be respectful to all sorority chapters, regardless of your interest in joining.
- You will not make disparaging remarks about any sororities either verbally or in writing.

Potential New Member Bill of Rights

- Be fully informed about the recruitment process.
- Ask questions and receive true and objective answers from the Panhellenic counselors and chapter members.
- Be treated as an individual.
- Be treated as a capable, mature person without being patronized.
- Ask “how” and “why” and receive straight answers.
- Have and express opinions to Panhellenic counselors.
- Have confidentiality when sharing information with Panhellenic counselors.
- Be fully informed about the binding agreements implicit in the acceptance card signing.
- Be treated with respect.
- Make informed choices without undue pressure from others.
- Have a positive, safe and enriching Recruitment and New Member experience.
- Make one’s own choice and decision and accept full responsibility for the results of that decision.
We, the women of NPC fraternities at the University of Missouri, declare acceptance of the following standards of practice during any recruitment period and throughout the year:

As Panhellenic women, we are obligated by the standards set forth from the National Panhellenic Conference to follow the University of Missouri’s recruitment rules. We have the responsibility to incorporate those standards into our everyday behavior. Our purpose as Panhellenic women is to serve our community and act as representatives of our chapters and of Panhellenic. Panhellenic women who violate the recruitment rules for selfish or other unworthy motives violate a high trust and a mutual respect among the University of Missouri sororities. We have a responsibility to potential new members, the University of Missouri community, our respective chapters, our national organizations, to each other and to ourselves to act in a respectful manner during primary recruitment. Trust is our ultimate goal. We have an obligation to improve and enhance the welfare of others, and our actions during recruitment will not interfere with this. We have the right to demand trust and respect from each of our chapter members and among Panhellenic sororities. The University of Missouri code of ethics is intended to preserve, protect and strengthen the bond of trust and respect among the University of Missouri sororities, Potential new members and the community during any recruitment period and throughout the year. This bond is essential to sustain the principles upon which every NPC fraternity and the Missouri Panhellenic Association were founded.
As members of the University of Missouri Panhellenic Association, we agree that our vision is of a safe, positive and enriching recruitment experience with the goal of providing opportunities for the greatest possible number of women to obtain membership in a women’s fraternity. Therefore, we promise to:

A. Respect ourselves, our sisters and the Greek community as a whole. We will work with other sororities to improve the Greek community and reverse the current stereotypes.

B. Enable every potential new member an equal opportunity and act accordingly with true Panhellenic spirit as well as our own chapter values and moral judgments.

C. Confront the concerns about alcohol and other controlled substances and promote the safety and protection of current and prospective members.

D. Treat potential new members with the same respect before, during and after recruitment.

E. Abide by all official Panhellenic codes, including but not limited to the Panhellenic Creed.

**Recruitment Attire**

**OPEN HOUSE ROUND**

The dress for this round is casual; comfort is key! You will be visiting all 15 chapters in these two days and will be doing a lot of walking, so comfortable shoes or sandals are recommended. You will also be wearing a Panhellenic-provided T-shirt for each day of this round. Open House Round days are the most relaxed days of the week, so have some fun and be comfortable.

**ATTIRE TIP:** Wear jean skirts, shorts, running shorts—something light and comfortable because you will be outside in August and it will most likely be hot.

**PHILANTHROPY ROUND**

Two other Panhellenic T-shirts are provided at checkin (one per day), so you can match them with a skirt, shorts or jeans and get ready for the exciting day ahead!

**ATTIRE TIP:** Don’t be afraid to add accessories to your outfit to make the T-shirt outfit your own. Wear comfortable shoes.

**SISTERHOOD ROUND**

The attire for this round is slightly dressier, but comfort is still important! A skirt, casual sundress or pair of capris is perfect. Just like the last two days, you will be walking all around Greek Town, so comfy shoes are a must! When deciding what to wear, think about summer appropriate outfits.

**ATTIRE TIP:** Don’t wear those heels just yet, but again, this day is nicer than the previous.

**PREFERENCE ROUND**

Now is the time to get out those heels if you choose, along with a fancier outfit. Dinner party attire or Sunday best is appropriate; keep it simple and classy!

**ATTIRE TIP:** Do wear something nice that you feel comfortable in. Any color and design, not just black, is acceptable! Wear something that you will feel confident in.

**BID DAY**

Wear something comfortable and functional. You will be given shirts at the chapter houses.

**ATTIRE TIP:** Wear a tank top or short-sleeved shirt and comfortable shorts.
Greek Values

SCHOLARSHIP

Greek organizations were founded on the principles of academic success and camaraderie. Today, our fraternities and sororities continue to strive for academic excellence. Mizzou’s PHA sororities are consistently above the all-women’s grade point average. Chapters promote scholarship by providing academic resources for their members, including tutoring, academic advisors, study groups and scholarships. Chapter members know the importance of helping new members adjust to Mizzou’s academics. Many chapters have a reward system based on GPA. Prospective members must meet a minimum GPA in order to be initiated and then must maintain a minimum GPA in order to remain active members.

LEADERSHIP

The Mizzou Greek community is dedicated to providing a foundation for the development of leadership skills. Membership in a Greek chapter is one of the best ways that students can discover and refine their leadership skills. Being a part of this community provides many leadership opportunities within each chapter as well as in campus and community organizations. Mizzou Greeks are visible leaders in organizations such as the Missouri Student Association (MSA) student government, Summer Welcome, Tour Team, MizzouThon, Rockin’ Against Multiple Sclerosis (RAMS), Relay for Life, Mizzou Alternative Breaks (MAB), Alumni Association Student Board (AASB), Caring for Columbia, STRIPES, Outreach Student Recruitment Team, and Homecoming Steering Committee. Greek students are also very involved in academic fraternities and associations. As a result, Greek members play a significant role in shaping student experiences at Mizzou through Leadership.
**SERVICE**

Serving others will undoubtedly be one of the most rewarding experiences a student can have as a fraternity or sorority member. Each chapter dedicates itself to worthy local and national causes as well as international philanthropies. In 2012, PHA adopted Circle of Sisterhood as the council-wide philanthropy in 2014. Mizzou Circle of Sisterhood funded a school in Nicaragua and sent 12 women to help build it. Each year, Circle of Sisterhood holds a week-long philanthropy fundraiser, while continuously educating sorority women from all 15 chapters about obstacles that women face around the world each day. This past year, Mizzou’s Greek community donated thousands of volunteer hours, providing services and funding to organizations such as Special Olympics, Big Brother and Big Sisters, the Central-Missouri Food Bank, the Red Cross and many others. In addition, Mizzou’s Greek Week is one of the largest philanthropy events in the nation, raising around $20,000 for each of the five beneficiaries in 2019.

**SISTERHOOD**

As a member of the Greek community, students are exposed to many different personalities, interests, and challenges that are beneficial for social growth, all while forming lifelong friendships. The bonds members develop with one another run deep and continue to flourish long after graduation. Joining a sorority is a lifelong commitment and experience. Every chapter has an alumnae network to assist members in adjusting to new communities, finding employment, or simply offering personal relationships based on a common membership.
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<tr>
<th>Greek Alphabet</th>
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<td>Omicron (Ο)</td>
<td>Zeta Tau Alpha (ΖΤΑ)</td>
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Chapters at MU
Chapter at Mizzou: 1922
Founded: Oct. 15, 1885; Depauw University Open
Motto: “Together let us seek the heights.” Values:
- Academic Success, Character, Leadership, Financial
- Responsibility and Personal Development
Symbol: Lyre
Colors: Scarlett Red and Olive Green
Flower: Red Carnation
Ideals: Real. Strong. Women
Nickname: Alpha Chi
Beneficiary: True North of Columbia Philanthropy:
- Domestic Violence Awareness, Prevention and
- Education

The women of Alpha Chi Omega work with a local domestic violence shelter to provide hands-on care for the women of True North. Nationally, we are a sisterhood of real strong women, empowering all women to speak out and bring awareness to domestic violence.

Coat of Arms
Badge
Recruitment Letters Contact
Alpha Chi Omega
An.axo.cric@gmail.com
Alpha Delta Pi

- Chapter at Mizzou: 1915
- Founded: May 15, 1851; Wesleyan University
- Open Moto: “We live for each other.”
- Values: Friendship, Leadership, Sisterhood and Service
- Symbol: Clasped hands, Lion and Diamond
- Colors: Azure blue and White
- Flower: Woodland Violet
- Nickname: ADPi
- Beneficiary: Ronald McDonald House
- Philanthropy: Wafflepaloza, Kickin’ It, BYOB (Build Your Own Burrito)

Alpha Delta Pi Sorority adopted Ronald McDonald House Charities as a national service project in 1979. Since that time, Alpha Delta Pi collegians and alumnae have raised almost $4 million to help provide a home away from home for the families of critically ill children receiving medical care across the country. The Alpha Gamma Chapter is fortunate to be located about 10 minutes from the Ronald McDonald House of Mid Missouri and helps the Ronald McDonald House provide a home away from home for their guests by cooking dinner at the house weekly throughout the school year and working various other events, such as the Red Shoe Gala.
Alpha Phi

- Chapter at Mizzou: 1910
- Founded: Oct. 10, 1872; Syracuse University
- Open Motto: “Union hand in hand.”
- Values: Sisterhood, Innovation, Generosity and Character
- Symbol: Ivy Leaf
- Colors: Silver and Bordeaux
- Flower: Lily of the Valley and Forget-Me-Not
- Nickname: A Phi
- Beneficiary: Women’s Heart Health, Alpha Phi Foundation
- Philanthropy: Red Dress Weekend (Red Dress Gala & Poker Tournament) & Heart Beat Week (Alpha Phizza & Alpha Phifa)

The Alpha Phi Foundation is dedicated to advancing leadership development, encouraging academic excellence, improving women’s heart health, supporting sisters in need and educating about the value of philanthropy. As an Alpha Phi, you will have the opportunity to support the Alpha Phi Foundation along with your chapter by planning and participating in popular campus events, which include an elegant evening gala and competitive poker and soccer tournaments that raise money for the foundation and its causes.

Attn: Sydney Sutter
906 S Providence Rd
Columbia, Missouri 65203
omicronreps@gmail.com
Chi Omega

- Chapter at Mizzou: 1913
- Founded: April 15, 1895; University of Arkansas
- Open Motto: “Sisters on purpose.”
- Values: Friendship, High Standards of Personnel, Sincere Learning and Credible Scholarship, Participation in Campus Activities, Career Development and Community Service
- Symbol: Owl and Skull & Crossbones
- Colors: Cardinal and Straw
- Flower: White Carnation
- Nickname: Chi O
- Beneficiary: Make-A-Wish Foundation
- Philanthropy: Night Owl Nachos, Wish Week, Waffles for Wishes, Swishes for Wishes

Every chapter of Chi Omega around the nation is allied with the Make-A-Wish Foundation, benefiting children with life-threatening health issues. Here at the Rho Alpha chapter, Chi Omega hosts several philanthropy events. In the fall, there is a late-night dinner called Night Owl Nachos. The spring semester brings Chi Omega’s annual Wish Week, which includes a late-night dinner called Waffles for Wishes, a basketball tournament called Swishes for Wishes and a special party for their Wish Kid. All of Chi Omega’s wish kids are local children from the Columbia area. “Stand with your sisters, change your community and grant wishes.”
Chapter at Mizzou: 1915
Founded: Nov. 27, 1888; Boston University
Open Motto: “Let us steadfastly love one another.”
Symbols: Trident, Pine Tree, Dolphin, Pearl
Colors: Silver, Gold, Cerulean Blue
Flower: Pansy
Nickname: Tri Delta
Beneficiary: Children’s Cancer Charities, partnering with St. Jude Research hospital

St. Jude Children’s Research Hospital is a pediatric treatment and research facility focused on children’s catastrophic diseases. Since 1999, Tri Deltas across the nation have dedicated themselves to supporting this cause. They hold four main philanthropic events to raise money including their annual Triple Play softball tournament, Sincerely Yours letter writing campaign, Delta House of Pancakes and 24k in a Day. They also take a trip to Memphis each year to visit the hospital and see how their efforts come to life.

Recruitment Letters Contact
Attn: Olivia Mauro
Delta Delta Delta
901 Richmond Ave
Columbia, Missouri 65201
mizzoutrideltareferences@gmail.com
Delta Gamma

- Chapter at Mizzou: 1909
- Founded: March 15, 1873; Oxford, Mississippi
- Open Motto: “Do Good.”
- Values: To foster high ideals of friendship, promote educational and cultural interests, create a true sense of social responsibility and to develop the best qualities of chapter.
- Symbol: Anchor
- Colors: Bronze, Pink and Blue
- Flower: Cream-colored Rose
- Nickname: DG
- Beneficiary: Service for Sight
- Philanthropy: Anchor Splash and Hoops for Troops

The Delta Gamma Foundation fulfills its mission through three main beneficiary programs: Service for Sight, founded in 1936; Joining Forces; and The Golden Anchor Program. Service for Sight helps those that are blind or visually impaired. Delta Gamma’s two philanthropy events, Anchor Splash in the fall and Hoops for Troops in the spring, help them to raise money to support their three beneficiaries. This organization is continuously expanding their philanthropy, having many different ways to “Do Good.”

Recruitment Letters Contact
Attn: Recruitment Chair
901 S Providence Rd
Columbia, Missouri 65201
mudgsponsorship@gmail.com

Coat of Arms
Badge
ΔΓ
Gamma Phi Beta's mission is to inspire the highest type of womanhood, build confident women of character who make a difference in the world around us and to be true and constant friends to all. Gamma Phi Beta's philanthropic focus is to proactively work to build strong girls by providing opportunities for self-expression and love, while helping inspire future female leaders.
Kappa Alpha Theta

• Chapter at Mizzou: 1909
• Founded: Feb. 12, 1870; Depauw University
• Open Motto: “Leading women.”
• Values: Scholarship, Service, Leadership, Personal Excellence and Friendship/Sisterhood
• Symbols: Kite and Twin Stars
• Colors: Black and Gold
• Flower: Pansy
• Nickname: Theta
• Beneficiary: Court Appointed Special Advocates (CASA) and Kappa Alpha Theta Foundation
• Philanthropy: Flapjacks & Quarterbacks and Casa Carnival & Kicks for CASA

CASA is a unique program that trains volunteers who advocate on behalf of children in the court system, with the ultimate goal of helping the children find safe, healthy and permanent homes. The Kappa Alpha Theta Foundation provides funding opportunities, education and resources so active and alumnae Thetas can embrace their ambition, reach their fullest potential and make a difference in the world. In the fall, Theta hosts their annual “Flapjacks and Quarterbacks” weekend, including an all-you-can-eat pancake brunch and a competitive flag football tournament. During the spring semester, the women of Theta open their home to serve carnival themed food for CASA Carnival, which is followed by Kicks for CASA, a soccer tournament coached by Thetas.

Recruitment Letters Contact
Attn: Theta Recruitment
mizzouthetarecruitment@gmail.com

Coat of Arms  Badge

KΑΘ
Kappa Delta supports Rainbow House and Prevent Child Abuse America with their Shamrock Week every March, which includes profit shares, a black light dodgeball tournament and a late night dinner called KappaDillas. Additionally, they promote the Confidence Coalition on campus and in the community, celebrating strong women by hosting events for local Girl Scouts.

Chapter at Mizzou: 1976
Founded: Oct. 23, 1897; Longwood University
Open Motto: “Let us strive for that which is Honorable, Beautiful and Highest.”
Symbols: Nautilus Shell, Dagger and Teddy Bear
Colors: Olive Green and Pearl White
Flower: White Rose
Nickame: KD
Beneficiary: Prevent Child Abuse America, Girl Scouts of America and Rainbow House
Philanthropy: Shamrock Week, KappaDillas, Pops of Confidence, Mac n Cheese with the Kay-Dees, Confidence Week, and blacklight dodgeball

Recruitment Letters Contact
Attn: Recruitment Chair
606 East Rollins
Columbia, MO 65201
mukdmembership@gmail.com

Kappa Delta

Coat of Arms
Badge
• Chapter at Mizzou: 1875
• Founded: Oct. 13, 1870; Monmouth College
• Open motto: “Dream Boldly, Live Fully”
• Values: Truth, Respect, Optimism, Trailblazing and Knowledge
• Symbols: Golden Key and Feur-de-lis
• Colors: Light Blue and Dark Blue
• Flower: Iris
• Nickname: Kappa, KKG
• Beneficiary: Cedar Creek Therapeutic Riding Center,
• Reading is Fundamental and Kappa Kappa Gamma Foundation
• Philanthropy: Kappa Klassic Golf Tournament

Each fall, Kappa Kappa Gamma hosts a two weekend long golf tournament, The Kappa Klassic, in order to raise money for their local and national beneficiaries. Locally, they support Cedar Creek Therapeutic Riding Center, which provides assistance for those with emotional, physical or mental disabilities through horseback riding. They send 15 girls a week to volunteer at the Cedar Creek facilities in the fall and spring. They donate books, read to children at local Columbia public schools and do crafts to support their national philanthropy, Reading is Fundamental, which inspires children to read and works to end the cycle of illiteracy.
Phi Mu

- Chapter at Mizzou: 1913
- Founded: March 4, 1852; Wesleyan College
- Values: Love, Honor, Truth
- Symbol: Quatrefoil and Lion
- Colors: Rose and White
- Flower: Rose-colored Carnation
- Beneficiaries: Children’s Miracle Network Hospitals
- Philanthropy: Miracle Week

Phi Mu is honored to have Children’s Miracle Network Hospitals serve as both their local and national beneficiary; all of their fundraising efforts go to MU’s Women’s and Children’s Hospital, specifically the recently renovated NICU. Their philanthropy week, Miracle Week, consists of profit shares around Columbia, a late-night dinner called Meals for Miracles and their basketball tournament titled “Just Mu It.”

Recruitment Letters Contact
Attn: Brady Slattery
503 Kentucky Blvd
Columbia, Missouri 65201
phimuchimembership@gmail.com

Coat of Arms
Badge

ΦΜ
Pi Beta Phi

- Chapter at Mizzou: 1899
- Founded: April 28, 1867; Monmouth College
- Open Motto: “Friends and Leaders for Life.”
- Values: Integrity, Lifelong Commitment, Honor and Respect, Personal and Intellectual Growth, Philanthropic Service to Others, Sincere Friendship
- Symbols: Arrow and Angel
- Colors: Wine and Silver Blue
- Flower: Wine Carnation
- Nickname: Pi Phi
- Beneficiaries: Read > Lead > Achieve, The Pi Beta Phi Foundation, First Book
- Philanthropy: Pi Beta Phry, ArrowSpike, Champions are Readers (CARS), Fraternity Day of Service, Haircuts for a Cause

Pi Beta Phi is passionate about literacy and exemplifies this through their support of Read > Lead > Achieve, their beneficiary that inspires a lifelong love of reading that can unlock true potential, creating a more literate and productive society. Every fall semester, Pi Beta Phry, hosts their volleyball tournament, ArrowSpike, and holds their annual late night dinner. Both of these philanthropy events are aimed at raising money for Read > Lead > Achieve and the Pi Beta Phi Foundation (First Book). In the local community, Pi Beta Phi participates in Champions Are Readers (CARS), where their chapter members are paired with students from Columbia Public Schools in order to assist the children in improving their reading skills.

Recruitment Letters Contact
Attn: Anna Davis
511 Rollins St
Columbia, Missouri 65201
Mizpiphirecruitment@gmail.com
Sigma Kappa

- Chapter at Mizzou: 1968
- Founded: Nov. 9, 1874; Colby College
- Open Motto: “One Heart, One Way.”
- Values: Personal Growth, Service, Loyalty and Friendship
- Symbols: Dove and Heart
- Flowers: Lavender and Maroon
- Flower: Violet
- Nickname: SK
- Beneficiaries: Sigma Kappa Foundation, Alzheimer’s Association and Main Sea Coast
- Philanthropy: Gerontology with an Emphasis on Alzheimer’s Disease, Inherit the Earth, and The Maine SeaCoast Mission

Members of Sigma Kappa have a long history of supporting Alzheimer’s disease research at the local level with local memory and retirement centers and at the national level with our philanthropic partner, the Alzheimer’s Association. The sorority and its chapters also consistently provide opportunities to raise funds to support the Sigma Kappa Foundation. This emphasis on philanthropy and service allows our members to develop qualities of unselfish leadership and assume the highest responsibilities of college women.

Recruitment Letters Contact
Attn: Madeline Webb
908 Curtis Ave
Columbia, Missouri 65201
skmuvpm@gmail.com

Coat of Arms
Badge
Sigma Sigma Sigma

- Chapter at Mizzou: 2009
- Founded: April 20, 1898; Longwood University
- Open Motto: “Faithful Unto Death.”
- Values: Faith, Hope, Wisdom, Power and Love
- Symbol: Sailboat
- Colors: Royal Purple and White
- Flower: Purple Violet
- Nicknames: Tri Sigma, Sigma
- Beneficiaries: Tri Sigma Foundation and March of Dimes
- Philanthropy: Week of Kindness, Kindergarten Dinner, Sunrise with Sigma, Mile of Dimes

Tri Sigma Foundation supports play therapy for children in hospitals around the country. It also contributes to the scholarship and leadership opportunities among our chapters nationally. Tri Sigma raises money for March of Dimes at their philanthropy dinners as well as Mile of Dimes where they collect enough change to equal a physical mile.

Recruitment Letters Contact
Attn: Recruitment Director
1111 Ashland Road Apt. 1
Columbia, Missouri 65201
sigma.etachichapter.formalmrd@gmail.com
Zeta Tau Alpha’s national beneficiary is Breast Cancer Education and Awareness. Nationally, ZTA partners with the American Cancer Society, Bright Pink and the NFL to raise money while spreading awareness and educating the community. Locally, ZTA partners with Ellis Fischel Cancer Center by donating care packages to patients, as well as partnering with Mizzou Athletics for their annual Pink-Out games. Twice a year, Zeta holds “Think Pink Week.” In the fall, Zeta hosts a late night Chick-fil-A dinner. In the spring, they host a late night Pink Pancake dinner and kickball tournament. During their Think Pink Weeks, Zeta raises awareness by passing out Think Pink Ribbons on campus, empowering women to know their risk through Bright Pink speakers.

Recruitment Letters Contact
Attn: ZTA Recruitment Chair
912 Richmond Ave
Columbia, Missouri 65201
mu.zeta.recruitment@gmail.com

Zeta Tau Alpha

• Chapter at Mizzou: 1924
• Founded: Oct. 15, 1898; Longwood University
• Open Motto: “Seek the Noblest.”
• Symbols: Five Point Crown and Strawberry
• Colors: Steel Grey and Turquoise Blue
• Flower: White Violet
• Nickname: Zeta
• Beneficiary: Breast Cancer Awareness and Education
• Philanthropy: Think Pink Week
Financial Commitment

Panhellenic sororities are not-for-profit organizations, meaning they count on the dues of their members to function. All sorority finances are handled through each organization, not the university. Every chapter manages their finances differently. Some chapters split their payments into installments throughout the semester while other chapters have their dues paid in one lump sum at the beginning of the semester. The items included in a member’s dues are also unique to each chapter. Some chapters include items such as an activity fee, social fee, room, board, new member education, initiation fee and other fees in their dues. Other chapters have a base fee with à la carte fees throughout the year. In addition, chapters may manage their finances through the internet or through the finance chair of the chapter directly. Each chapter will discuss their own specific financial commitments during the socials on philanthropy day.

Things to Ask

- What is the payment plan for your chapter?
- What kinds of items are included in the dues for your chapter?
- How are your finances handled for your chapter?

Chapter Finances

New Member Cost (1st year of membership)
High: $4,571
Average: $3,098.71
Low: $1,996

Active Member (Living inside chapter facility)
High: $13,645
Average: $9,570.17
Low: $7,711

Active Member (Living outside chapter facility)
High: $3,973
Average: $2,471.97
Low: $1,785

*These figures are based on 2019-2020 chapter finances and are intended to provide estimates.
What Is Primary/Formal Recruitment?

The primary recruitment process is set up so each PNM can get to know each sorority chapter before deciding commitment which organization is best for her. If you decide to go through primary recruitment, you (and about 1,500 other women) will move into your residence hall a week before school starts in the fall. To make the process easier, you will be assigned to a Panhellenic counselor group. Each day of recruitment consists of planned social events: for example, Philanthropy Round focuses on each chapter’s community service work while Sisterhood Round allows the sorority women to showcase their sorority house and what they do as a chapter for fun. These events will help you figure out the goals, values, and personality of each chapter on campus, and they will help you decide which chapter is best for you. Keep in mind that recruitment is a mutual selection process, so while you decide which chapters you feel most comfortable with, the women in each chapter are also trying to determine which women would fit best into their chapter.

Are There Sororities On Campus That Don’t Participate In Primary Recruitment?

All 15 PHA chapters take part in primary recruitment. Mizzou also has the National Pan-Hellenic Council (NPHC) with three historically African-American sororities and the Multicultural Greek Council (MGC) that includes Latina, Asian and multicultural sororities. To find out more about these councils, contact their respective governing councils for more information at fsl.missouri.edu.

Is Primary Recruitment The Same Thing As Informal Recruitment/Continuous Open Bidding (COB)?

No. Primary recruitment takes place at the beginning of each fall semester. COB, on the other hand, takes place throughout the year. Not all chapters participate in COB, nor begin COB until after primary recruitment in the fall. In order to participate in COB you must complete an interest form. There is no cost associated with COB; however, completing the COB interest form does not guarantee that a sorority participating will contact a potential new member, nor that she will receive an offer of membership. Feel free to contact the vice president of recruitment-external for COB details and questions.

Is There A Grade Requirement To Join A Chapter?

There is no grade requirement to go through primary recruitment set by PHA, but each chapter has its own GPA standards for membership and retention. Because PHA and each chapter values scholarship, maintaining good grades is important to all sorority women. The average GPA for all sorority women at Mizzou in the fall semester of 2019 was 3.419, which is higher than all women, all men, all Greek, and all campus GPA averages.

How Much Of A Time Commitment Is Being In A Sorority?

Each sorority has basic time commitments and mandatory events such as chapter meetings and new member meetings once a week. Some chapters may require study hours. Homecoming is also a busy time in the fall. Time commitment for being a sorority member is large and can vary from one woman to another. But many sorority women are able to manage sorority responsibilities, jobs or internships, academics and involvement in other campus organizations. If you are interested in joining a sorority but have concerns about the time commitment, feel free to ask members during recruitment how they balance their time!

Is It Common For Women In Different Chapters To Be Friends With One Another?

Mizzou’s Greek community has many opportunities for members of different chapters to meet and create friendships. Social, leadership,
and service events give women in different sororities the chance to socialize. Making friends from other sororities helps strengthen MU’s Greek community. By participating in primary recruitment, a PNM has the opportunity to meet members in her Panhellenic counselor group and can maintain these friendships even after joining different chapters.

**What Questions Should I Ask During Recruitment?**

One of the best questions to ask a woman in a chapter is why she decided to choose her chapter. Other questions include: What does your chapter mean to you? How have you benefited from being a member of your chapter? What kind of scholarship and awards program does your chapter have? What kind of leadership opportunities does your chapter offer? The way to get to know a chapter is by asking questions that matter to you.

**When Does A Sorority Member Get To Live In Her Chapter House?**

Each chapter has a different housing policy; however, most chapters have members move in to their houses first semester of their sophomore year. All chapters have a live-in requirement. During recruitment, PNMs are encouraged to ask about housing specifics.

**Am I Allowed To Go To Fraternity Houses During Primary Recruitment?**

No. To keep the focus on sisterhood, going onto fraternity property, communicating with any fraternity men and consuming alcohol during recruitment is prohibited.

**What If I Go Through The Recruitment Process And Decide That Joining A Sorority Is Not For Me?**

If a PNM decides during recruitment that joining a sorority is not for her, she may withdraw at any time during the process. PHA encourages a PNM to complete the process and discuss withdrawing with her Panhellenic counselors. However, the decision to withdraw is determined by the PNM. Upon deciding to withdraw, there will be paperwork to complete.

**What Are Letters Of Recommendation And Are They Necessary?**

Letters of recommendation are written by a sorority alumna recommending you to her sorority. Recommendations are not required for any PNM participating in the recruitment process but are appreciated by chapters. If you know an alumna, it is not uncommon to ask her to recommend you to her sorority. Each chapter’s national organization has their own protocol for recommendation letters, and links for each organization can be found at fsl.missouri.edu/pha. If the alumna is sending a physical letter (instead of an electronic form provided by some chapters’ nationals) the addresses can be found at fsl.missouri.edu/pha/recruitment/pha-recommendation-letters/.

**How Will I Know Which Panhellenic Chapter Is Right For Me?**

Each sorority has its own mission, creed and values that it lives by; however, overall, Panhellenic organizations strive to provide members with friendship, opportunities for personal growth/development and fun. Primary recruitment is a process designed to allow you and the chapters to decide on the best fit. As you go through the process, be sure to keep an open mind, ask questions, and be yourself!
PHA Sororities

1. Alpha Chi Omega
2. Alpha Delta Pi
3. Alpha Phi
4. Chi Omega
5. Delta Delta Delta
6. Delta Gamma
7. Gamma Phi Beta
8. Kappa Alpha Theta
9. Kappa Delta
10. Kappa Kappa Gamma
11. Phi Mu
12. Pi Beta Phi
13. Sigma Kappa
14. Sigma Sigma Sigma
15. Zeta Tau Alpha
**Greek Glossary**

**Fraternity/Sorority**
A group of men or women joined together in friendship for education, philanthropic and social purposes. Each enables individual members to express their own desires and achievements while working together to promote chapter ideals and values.

**Greek**
Sorority or fraternity member.

**PNM**
Potential new member (those going through recruitment).

**Active Member**
A member of a sorority or fraternity who has been initiated and is currently an undergrad.

**Alumna/Alumnus**
An initiated member who is no longer an undergraduate member.

**Chapter**
A membership unit of a national or international sorority or fraternity.

**Primary Recruitment**
A designated membership recruitment period during which a series of organized events are held for the purpose of selecting new members.

**Selections**
The process of PNMs choosing their preferred chapters to return to on the next round of recruitment.

**MRABA**
Membership recruitment acceptance binding agreement; PNMs will sign this at the end of preference day, stating that they will accept a bid of the chapters they put on their form.

**Bid**
A formal invitation to join a sorority or fraternity.

**New Member Period**
Classified as the beginning of one’s term in a fraternity or sorority up until the time the member is initiated.

**Initiate**
A person who has recently become an active member of a sorority or fraternity.

**Initiation**
The formal ritual that brings new members into full membership of the sorority or fraternity. Through initiation, members learn about and pledge themselves to uphold the ideals of the sorority or fraternity.

**Beneficiary**
The organization/charity that the money and efforts of a fraternity or sorority go towards.

**Philanthropy**
The events that a chapter hosts in order to raise money/awareness for their chapter’s beneficiaries.

**House Director**
A person who is hired to supervise the kitchen, plan menus, manage the food budget, and assist in house management; also known as a “house mom” or “house dad.”